

COMMUNITY MENTAL HEALTH FRAMEWORK

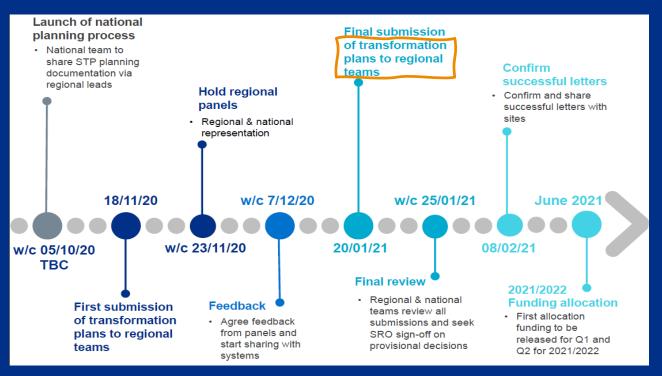
Health and Wellbeing Board

Thursday 4th March 2021

Sara Mitchell, Strategic Mental Health Lead

National Timeline

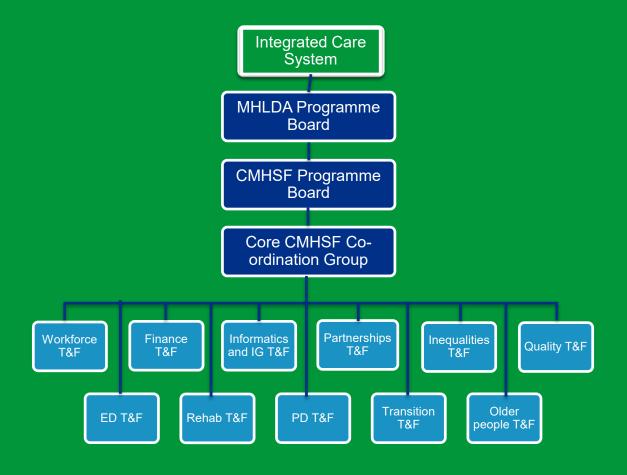




This proposal is important as it will enable Devon to receive its fair share of transformation funding:

- 2021/22-£2,449,694
- 2022/23- £5,974,167
- 2023/24-£7,407,456

Governance & Process: Development Structure



Community Mental Health Framework



<u>Self Care:</u> At the centre of our core model is the person and their capacity to care for and help themselves.

<u>Personal Community:</u> When a person has a problem, the first people they turn to are those in their personal networktheir family, friends, colleagues and online network

<u>Community</u>: People exist in a communities, a persons community will include the people and places where they contact others, at the school gate, in their place of work, through community events, hobbies and interests etc

Community Based Health and Social Care: Within communities, but not often part of our daily lives are a range of community based health and social care offers which aim to help us when we are unwell.

Acute Health Care: within our wider communities we have a more specialist range of health, social care and other community services which help us when our needs are more urgent and acute.

Our Model: What it means for people

I am severely unwell. I can't keep myself safe. I've withdrawn from my friends and family. Community Services and Acute/ Emergency service need to keep me safe.

Support, care and treatment help me meet my biopsychoSOCial needs We look at my strengths and my needs and spot the gaps in my networks

My support, care and treatment helps me to develop and sustain long term connections which will help me self care, get support from my personal network and connect me to my community.

Acute health care

Communty Based Health and Social Care

Personal Community

Community

Care Health Promotion | Ill-Health Prevention | Drug & Alcohol | Drug & Alcohol | Personal | Community | Domestic Abuse | Services | Services | Community | Activities & Counselling | Events | Social Care | Community | Social Care | Social C

Acute Health Care
Communty Based

Health & Social Care,

Integration and co-ordination across the rings and sectors

Balanced rings reflected in commissioning, care planning and support, care and treatment.

Building self, personal network and community capacity

Rings are not solid, they are permeable allowing connection and support to move between

Built on CMHT foundations, building Mental Health Social Alliance offer.

Our Model: Principles



All resource, will be as close to home as possible, in neighbourhoods (PCN MH MATs and MHWB Social Alliances)



Anyone can access urgent and crisis support for their mental health when they need to.



PCN MH MATs are aligned to PCNs and in regular contact. Support is provided at organised at neighbourhood level



Dedicated Place Based Support is aligned to PCN MH MATs and they are in regular contact. Support is provided at neighbourhood and organised at place.



There is less focus on caseloads, more on flow and outcomes.



Person centred care informs all support, care and treatment; it is co-produced, strengths based, holistic and needs led



Where it is needed every person to have a named Peer Navigator who walks alongside them even as their needs change



Delivery of intervention based care not generic care coordination



Every member of staff is committed to supporting the physical health needs of their service users

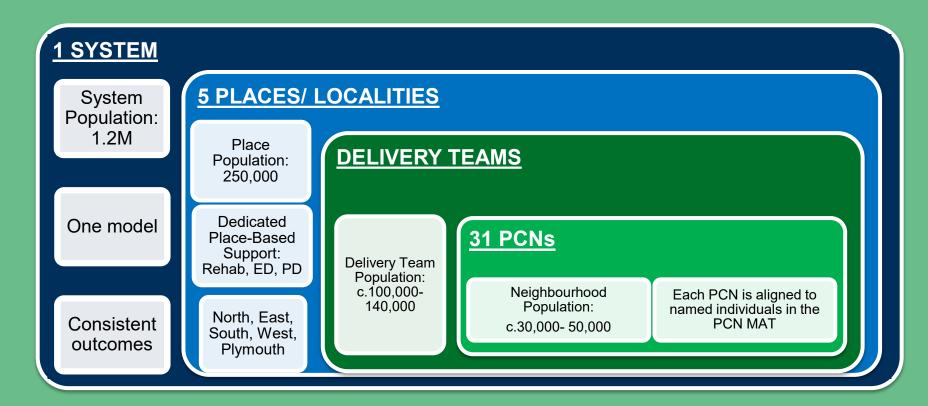


Support is available for young adults and older people with age appropriate support, care and treatment

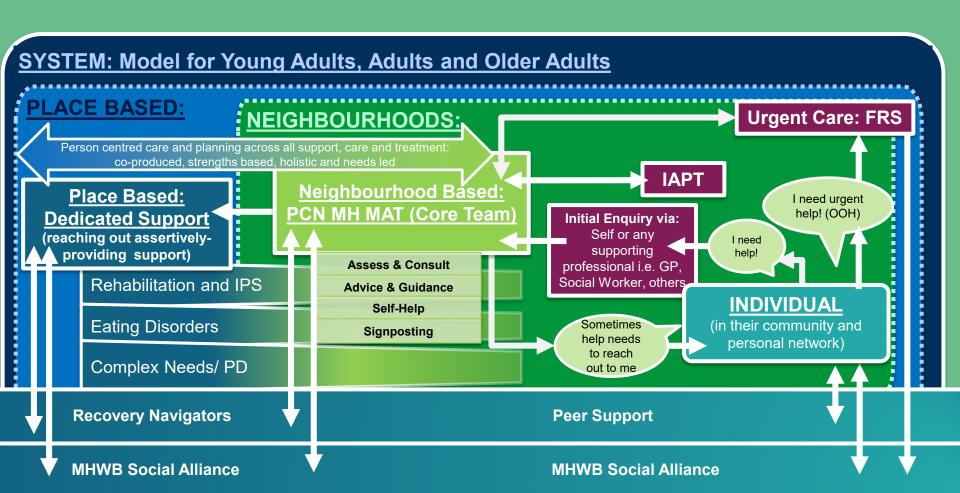


Trauma informed practice will be embedded across the support, care and treatment.

Our Model: Components



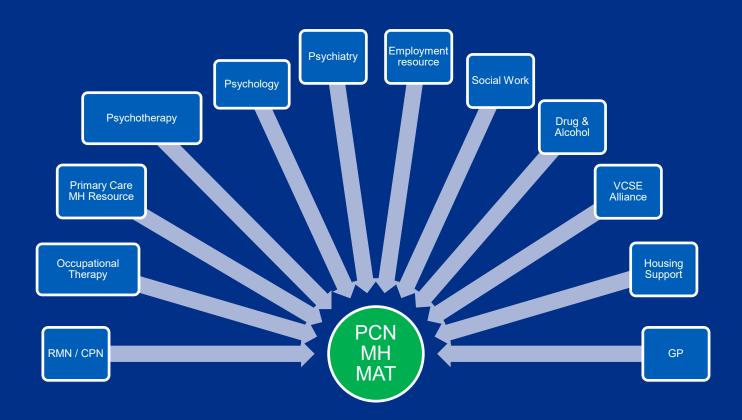
Our Model: In Action



Implementation Timeline

Roll Out Timetable				
<u>Need</u>	<u>21/22</u>	<u>22/23</u>	23/24	<u>Notes</u>
VCSE				
Core	33%	66%	100%	10 PCNs in 2021/22, 20 in 2022/23, 31 PCNs in 2023/24
Rehab	100%	100%		Pan-STP roll out of new model 2021/22
ED	0%	100%	100%	Pan-STP roll out of new model 2022/23
PD	100%	100%		Pan-STP roll out of new model 2021/22

Core staff



Implementation: Finance

Roll Out Timetable						
Need	21/22 £	22/23 £	23/24 £			
VCSE	526,623	1,266,898	1,588,112			
Core	379,831	1,573,893	2,632,283			
Rehab	849,331	1,444.138	1,577,799			
ED		479,725	479,725			
PD	617,662	1,048,945	1,069,924			
Co-production	66,247	120,000	45,000			
Inequalities	10,000	40,568	15,000			
TOTAL	2,449,694	5,974,167	7,407,456			

Implementation: Challenges

Risk Title	Risk Summary	Mitigation
Recruitment:	•Some roles made be difficult to recruit	 Phased delivery approach Workforce development model, includes a significant volume of band 3 and band 4 PSW roles and incorporates a career development pathway so that we can 'grow our own workforce Recruitment plan will include recruiting challenging roles early- ahead of the need to allow for protracted processes Devon People plan aims to promote Devon STP as a positive place to live and work
Covid related impact:	 Covid may prevent the progress of our normal engagement activities It may limit the capacity of key partners to be involved 	•We will ensure flexibility in the phasing of our communications and coproduction activities to support broader engagement •We will learn from best practice about how to maximise digital engagement and co-production
VCSE Alliance:	•Devon's VCSE sector is inconsistently developed, engaged and commissioned	 Delivering a series of open engagement opportunities for the VCSE sector to support development of the sector relationships. We will consider the readiness of the VCSE sector as part of our roll out decision making. We will deliver focused engagement activities in areas where we will be rolling out the core model